

STRAWBERRY FLAVOURED SKIMMED YOGHURT



The Health Star Rating is used to assess the nutritional quality of products by giving a rating from 0.5 stars (lowest nutritional quality) to 5 stars (best nutritional quality).

TARGET AUDIENCE:

Family

AVAILABLE IN:

100g, 145g

FLAVOURS:

Strawberry
Mango and Passion
Plain Sweetened

INGREDIENTS:

Water, sugar, milk solids, vegetable fat, modified starch, gelatin, cream flavour, natural and nature identical strawberry flavours, colour(E124), sweeteners (E950,E955) yoghurt cultures (Streptococcus thermophilus and Lactobacillus bulgaricus)

TYPICAL NUTRITIONAL INFORMATION (AS PACKED)

	Per 100g
Energy (kJ)	395
Protein (g)	1.3
Fat (g)	3.5
Carbohydrate (g)	13.8
Vitamin B1 (mg)	0.2
Vitamin B2 (mg)	0.1
Vitamin B6 (mg)	55.5
Calcium (mg)	61.8
Phosphorus (mg)	39.5

