

FLAVOURED SKIMMED YOGHURT



The Health Star Rating is used to assess the nutritional quality of products by giving a rating from 0.5 stars (lowest nutritional quality) to 5 stars (best nutritional quality).

## **TARGET AUDIENCE:**

Family

### **AVAILABLE IN:**

100g, 145g, 160g

#### **FLAVOURS:**

Strawberry Mango and Passion

#### **INGREDIENTS:**

Water, sugar, milk solids, vegetable fat, modified starch, gelatin, cream flavour, natural and nature identical flavours, colours, sweeteners (E950,E955) yoghurt culture (Lactobacillus bulgaricus and Streptococcus thermophilus)

# TYPICAL NUTRITIONAL INFORMATION (AS PACKED)

	Per 100g
Energy (kJ)	300
Protein (g)	0.88
Fat (g)	2.76
Carbohydrate (g)	10.6
Vitamin B2 (mg)	0.001
Vitamin B6 (mg)	0.03
Calcium (mg)	37.7
Phosphorus (mg)	31.8

